

Awesome Bedtime Story About Kindness and Confidence For Kids Ages 6 to 10

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Today we have a heartfelt Christian bedtime story about kindness and self-esteem to help kids overcome school bullying and trust God.

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Bedtime Story About Kindness and Confidence: Part 1

Liam closed his locker and started down the hallway, his shoulders hunched. Another kidâ??Jasonâ??had teased him again yesterday.

â??Youâ??re such a goof, Liam,â?• Jason had smirked in front of his friends. â??No wonder you sit alone.â?•

Liamâ??s face burned with shame. He loved drawing dinosaurs and space rockets. He thought he was good at art. But after Jasonâ??s words, he felt small. Useless.

His mom noticed the change that evening at dinner. Liam pushed his broccoli around his plate. When his dad asked about his day, he said, â??Nothing much.â?•

But later, as he got ready for bed, he couldnâ??t stop replaying Jasonâ??s words.

In bed, he hugged his teddy bear, Rocket. â??Maybe theyâ??re right,â?• he whispered. â??Maybe I am a goof.â?•

Bedtime Story About Kindness and Confidence: Part 2

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His mom came in and sat on the edge of his bed. She brushed his hair back softly.

â??Liam, whatâ??s on your heart?â?•

He hesitated. Then, in a rush, he burst out, â??Jason said Iâ??m a goofâ?¦Iâ??m not good at anythingâ?¦â?•

Mom wrapped her arms around him. â??Iâ??m so sorry you had to hear that,â?• she said. â??Youâ??re not a goof.â?•

She opened his Bible to **Psalm 139:14** and read:

â??I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.â?•

She tapped the words. â??God says youâ??re made with wonderâ??just how you are. His masterpiece.â?•

Liam sniffled. â??Really?â?•

â??Yes. Even when others say harsh things, that doesnâ??t change who God made you to be.â?•

He stared at the verse. Then, tentatively, asked, â??Can I pray?â?•

â??Always,â?• Mom smiled.

He closed his eyes.

â??God, help me believe You think Iâ??m specialâ??even when others say mean things. Help me be brave and kind. Amen.â?•



Bedtime Story About Kindness and Confidence: Part 3

The next day at school, Jason spotted Liam and sneered, â??Hey goofballâ?¦â?•

Inside, Liamâ??s chest clenched. He felt the familiar sting.

Then he thought of Psalm 139:14. Of his momâ??s prayer.

He straightened his shoulders and replied, â??Thatâ??s mean, Jason. Please stop.â?•

Some kids looked surprised. Jason froze.

Before he could respond, the teacher Mr. Carter walked by.

â??Mr. Carter, Jason isnâ??t being nice,â?• Liam said calmly.

Jason mumbled and walked away.

Mr. Carter gave Liam an encouraging nod.

Phew, that felt hard but Liam felt happy that he had stood up for himself.

Bedtime Story About Kindness and Confidence: Part 4

At recess, a classmate, Sarah, dropped her colored pencils. They scattered across the floor.

Quick as a flash, Liam sprinted over and helped her gather them.

â??Thanks, Liam,â?• Sarah said, smiling. â??Youâ??re a great helper.â?•

Liamâ??s heart felt warm. He realized he didnâ??t need everyone to like himâ??just to be true to who God made him to be.

Bedtime Story About Kindness and Confidence: Part 5

That night, Liam and Mom sat together in his room.

â??Did you say something to Jason?â?• Mom asked gently.

â??I did.â?• He paused. â??It was scaryâ?¦ But it felt good to stand up and not be mean back.â?•

Mom hugged him tight. â??You showed courageâ??and kindness. Thatâ??s someone pleasing God.â?•

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Liam pulled out his Bible and reread Psalm 139:14. This time, it felt like truth inside him.

He closed the book and looked at Mom. â??God made me special, and I can trust Him.â?•

Bible Story About Kindness and Confidence: Bible Message

In this bedtime story about kindness and confidence, Liamâ??s journey is a reminder that **self-esteem and confidence isnâ??t based on othersâ?? opinions**â??but on Godâ??s view of us as His unique, wonderful creations. Psalm 139:14 reassures us that we all are â??fearfully and wonderfully made.â?• When they face mean words or bullying, we can respond with confidence knowing that God made us special and we are loved by Him.

Bible Story About Kindness and Confidence: Memory Verse

â??I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.â?• â?? Psalm 139:14

Bible Story about Kindness and Confidence Prayer

Dear God,
Thank You for making me exactly who I am.
Help me remember that You created me on purpose.
When someone says something mean, remind me of Your love.
Give me courage to stand up and kindness to do good.
I trust You to help me be confident and kind every day.
In Jesusâ?? name, Amen.

Bible Story About Kindness And Confidence

Well we pray that this story about kindness and confidence has encouraged your child to be confident and to boldy walk as a child of God and be who God created them to be. Check out our blog post on bedtime stories. God bless.

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1. Stories & Books

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