

Big Bible Stories About Fear With 4 Craft Ideas

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Have you ever felt scared? Well, did you know there are **bible stories about fear**? In this post we will look at some of these **bible stories about fear** to see what we can learn. These **bible stories about fear** will show us what to do and what not to do when we encounter situations that make us feel scared.

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Bible Stories About Fear-2 Chronicles 20

In bible times there were many wars. The wars in our world today make us feel scared. Imagine waking up and finding out that a country with a bigger army and more high powered weapons were coming to fight with your country. How would you feel? Would you feel like running away? Hiding someplace you think would be safe? Would you feel so scared that you just donâ??t know what to do? Well, in these bible stories we will see what these bible characters chose to do. In 2 Chronicles 20, Jehoshaphat was told that great army a was coming to fight them. He was scared. The bible says in verse 3

â??And Jehoshaphat feared, and set himself to seek the Lord, and proclaimed a fast throughout all Judah.â?•

So, when Jehoshaphat feared he did three things.

1. He sought the Lord in prayer for direction
2. He and his community fasted
3. He and the people sang and praised God

The result of these actions is seen in verse 15,

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â??Thus saith the Lord unto you, Be not afraid nor dismayed by reason of this great multitude; for the battle is not yours, but Godâ??s.â?•

When Jehoshaphat sought the Lord, God told him exactly what to do. When Jehoshaphat and his community fasted and praised God they had the victory, as when they went out to meet the army they saw only dead bodies, they did not have to fight. You can check out this bible story along with a fun craft and song from our youtube channel.

Bible stories about fear such as this one, tells us how we can overcome fear. Bible characters who were afraid such as Jehoshaphat shows us that fear is a common human experience that we can be victors over. Kids are often afraid and this bible story about overcoming fear can be used to show kids strategies they can use when they feel fearful. For a list of all the strategies used by bible characters who were afraid download our â??bible stories about fear: what to do when afraid printable.â?•

To remind your child about the story of Jehosaphat, you can also make craft from the Hands on Bible Teacher blog featuring the memory verses such as 2 Chronicles 20:21, â??Praise the Lord; for his mercy endureth for ever.â?•



Bible Stories About Fear-Judges 6 & 7; Mark 4: 35-41, Matthew 14: 22-27

These next bible stories about fear show a technique that you must pay attention to see. The first of these bible stories about being afraid is with a man named Gideon.

Gideon was an Israelite who an angel appeared to. Would you be scared if you saw an angel? Well, Gideon was afraid. In Judges 6: 22-23 we read,

â??And when Gideon perceived that he was an angel of the Lord, Gideon said, Alas, O Lord God! for because I have seen an angel of the Lord face to face. And the Lord said unto him, Peace be unto thee; fear not: thou shalt not die.â?•

Gideon was afraid and the Lord had to comfort him and let him know that it was ok, he would not die. The method for dealing with fear from this bible story about overcoming fear can be missed if you donâ??t read it slowly. Gideon said â?• Alas, O lord!â?• What is that? It is a quick appeal to God for mercy.

We see this same concept in the story when Jesus calms the storm. This story is found in the bible in Mark 4:35-41. These disciples found themselves in a storm and they were afraid. While they were scared, Jesus was asleep in the boat. In their desperation they woke Jesus up and asked him, â??donâ??t you care that weâ??re going to die?â?• Once again, a quick appeal to Jesus by these bible characters who were afraid.

Just as with Gideon, Jesus helps them and calms the sea. This method is different from a prayer session like the one Jehosaphat had, it has few words and is a heartfelt cry out to God. â??Hey God, Iâ??m dying please save me.â?•

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Parents, you can tell your kids that whenever they are in a situation when they are fearful they donâ??t need to bow their heads, clasp their hands, kneel and do a long prayer instead, they can quickly in their hearts cry to God for help.

From these bible stories about fear, we also learn that when we are in Godâ??s presence there is no need to fear. Help your child understand that God has everything under control so if they daily give themselves to God and keep in his presence even if a storm rages around them, God will calm the storm. We see this principle exemplified in Matthew 14:22-27,

â??Between three and six oâ??clock in the morning, he came to them. He was walking on the sea. When the disciples saw him walking on the sea, they were terrified. They said, â??Itâ??s a ghost!â?• and began to scream because they were afraid. Immediately, Jesus said, â??Calm down! Itâ??s me. Donâ??t be afraid!â?•

Stories of faith overcoming fear is an essential component in teaching kids about using faith to rise above their fears. For a list of all the strategies used by bible characters who were afraid download our â??bible stories about fear: what to do when afraid printable.â?• You can also remind your kids about the story of Jesus calming the storm by heading over to Marinaâ??s webpage where she shares a craft idea for this bible story about overcoming fear.

Bible Stories About Fear- Exodus 3&4

God called Moses to deliver his people from Egypt. Moses however was scared. Like some of us when we are scared he found several excuses as to why he couldnâ??t do this job. â??Iâ??m a nobody, they wonâ??t listen to me, Iâ??m not a good speaker.â?• God however needed Moses to obey and asked him what about his brother Aaron. In Exodus 4: 16, God says, â??Aaron will speak to the people for you.â?• Such examples of fear in the bible reminds us that fear is a truly human characteristic. Imagine

a great leader such as Moses: afraid? What?

These bible stories about being afraid have several lessons about dealing with fear. In the story of Moses we see that when God sent Aaron with Moses, he was bolder. We see this same concept in Judges 4: 8 when Barak was to go to war he said to Deborah, â??If thou wilt go with me, then I will go: but if thou wilt not go with me, then I will not goâ?•. The way to overcome fear as shown through these bible stories about fear is to have someone there to support you.

Parents, you can tell your kids the names of persons they can call on as support in situations when they feel afraid. For a list of all the strategies used by bible characters who were afraid download our â??bible stories about fear: what to do when afraid printable.â?•

To remind your kids about Moses and how he overcame fear, you can do the burning bush craft found on Craft Through The Bible. Moses worried that he was not good enough but such bible stories about worrying remind us that God can provide us with the support we need to calm our worries and fears.

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Scriptures on Fear

Though not a bible story, the other way to deal with fear from the bible is putting to memory bible verses. Scriptures that talk about fear, remind us that we can overcome fear with Godâ??s words.

2 Timothy 1: 7

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

Joshua 1:9

â??Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.â?•

Psalm 56: 3

â??When I am afraid, I put my trust in you.â?•

For a beautiful door hanger craft with this bible verse visit Handy Andyâ??s webpage.

To see the full list of all the strategies used by bible characters who were afraid download our â??bible stories about fear: what to do when afraid printable.â?•

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Bible Stories About Fear

Whether bible stories about fear, bible stories about worrying, stories of faith overcoming fear or scriptures that talk about fear, the bible has several stories and bible verses to encourage us and our kids to not fear but to trust God.

As we journey on this â??faith over fearâ?? experience in our lives I hope the bible stories about fear along with the activities and printables in this post were meaningful to you and your kids. You can also check out this story book based on Psalm 23 teaching kids not to fear. We always enjoy your sharing so, let us know in the comments below.

Category

1. Christian Crafts

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