



â??I Can Do All Things Through Christâ?• 3 Powerful Activities For Kids

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The “**I can do all things through Christ**” verse is an important bible truth that all Christian kids should learn. If you or your child ever felt that a task was too great for you to do, this is a verse that speaks to the truth of God’s power. There is nothing impossible for God, so with his help we can accomplish all things. In this post we will explore this bible verse in detail and also share some great ideas the kids are sure to enjoy. For additional resources you can also choose to be one a Bible Activities for kids [member](#).

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I Can Do All Things Bible Verse

What is the bible verse Philippians 4:13? Well, the I can do all things through Christ verse is found in [Philippians 4: 13](#). The I can do all things through Christ KJV states

I can do all things through Christ which strengtheneth me.

The NIV states I can do all this through him who gives me strength while the ICB says I can do all this through him who gives me strength.

Whichever version of the I can do all things through Christ verse we learn it reminds us all of the important truth that everything is possible with the help of Christ.

As you study this bible passage you can use the I can do all things [Bible journal for kids](#).

What Does I Can Do All Things Through Christ Mean?

I can do all things through Christ. The meaning of Philippians 4:13. There are many thoughts about this verse. Some say it means that whatever the situation it is possible to be successful as God will give the Christian the strength for success. Others say it means to be content in whatever the situation as Christ will give contentment despite the circumstance.

Over the years I have come to understand this popular Christian verse as a reminder that despite the hardships we can go through them by the power of Christ irrespective of the outcome of the situation. Remember, victory is not always immediate. Like the saints of old such as Abraham we can look forward to the promise of victory which if not received in this life will be obtained in the earth made new as described in Hebrews 11. So, I can look in faith knowing that I can do all things through Christ.

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Philippians 4

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What Philippians 4:13 Does Not Mean

We can set up our kids and ourselves for disappointment if we use "I can do all things through Christ" in a wrong way. If for example you tell your child say "I can do all things through Christ" and you will pass your test and the child fails the test, what does this say? Does it mean that the child can't do all things through Christ?

So, Philippians 4: 13 is not saying we should blanket all our weaknesses with "I can do all things through Christ" because what if God has a different purpose for this weakness in our life. In 2 Corinthians 12 Paul talks about his "thorn" that was not removed. Imagine, if he claimed "I can move this thorn in my life through Christ" and then the thorn did not move.

The bible verse if used in the right context means that he can go through this thorn situation with Christ's strength instead of he can remove the thorn with God's strength. It is not that God does not have power to remove the thorn because he does however God's ways are not our ways.

How Do You Explain Philippians 4: 13 to Kids?

How do you explain Philippians 4: 13 to kids? Well, look at what the Message translation says "Whatever I have, wherever I am, I can make it through anything in the One who makes me who I am." So, in helping kids understand "I can do all things through Christ" let's look at the story of Jesus when he was tempted in Matthew chapter 4. In verses 5-7 we read:

"Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple,

And saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone.

Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God."

Could Jesus do all things? He surely could however this situation was not about proving his abilities. So, when we say "I can do all things through Christ" it is not about proving Christ's ability. Like Paul, kids will be saying something like this:

"If my test is hard; I can still do it because God is with me. God being with me does not guarantee I will pass but I can face the challenge because I am not alone."

"Even though kids at school tease me, I still chose to be a Christian because God is going through this situation with me."

"I feel afraid but I will still share God's word with my friends because God is beside me."

Tell kids that they may still feel scared, they may not pass the test, they may still have hard times but they can go through all of this because God will be by their side.

"I can do all things through Christ" is not a magic wand bible verse that makes all impossibilities suddenly possible. Instead, it is a declaration of faith that even though the current situation may not look hopeful we have the assurance that God goes with us and so we can go through the situation with this hope. The outcome of the situation depends on God's purpose for that situation in my life however I can go through the situation because "I can do all things through Christ."

Here is an activity from [Ministry Ark](#) that reminds us of bible characters such as Moses who felt that they couldn't do a task but was able to because of God's power. With God's help we can do difficult things and go through scary situations even when we still feel scared by having faith that God is with us and he will help us.

What is the secret in Philippians 4:13?

The bible verse Philippians 4:13; "I can do all things through Christ," has a secret. Want to know what it is? I'll tell you. The secret is that despite our weakness we can go through challenges with God. [Ministry to Children](#) has two videos on their Youtube channel with craft ideas to illustrate this point.

If your kids like music here is a music video from [Arts Delivery](#) as well which helps them learn the bible verse.

I Can Do All Things Through Christ

All things are possible with Christ. Yes, you and I can do all things through Christ. If you feel like a task is hard, with God you can do the task. The outcome however depends on what God desires for your life. So even though with God's help you can choose to be friendly to the "mean" kids at school it doesn't mean that they will be friendly back to you however, you were able to represent God by believing in his power to work through you.

I hope you enjoyed this post and please share your thoughts in the comments below.

Category

1. Christian Crafts

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