



## Proverbs 18 10 Meaning With 5 Kid Friendly Activities

### Description

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**Proverbs 18 10** says “The name of the Lord is a strong tower: the righteous runneth into it, and is safe.” The meaning of **Proverbs 18 10** can be interpreted in different ways. In this post, we will discuss the meaning of Proverbs 18 10 and share some great kid friendly activities related to this verse.

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## What Is The Message Version Of Proverbs 18 10?

The Message Version of Proverbs 18 10 states:

“God’s name is a place of protection  
good people can run there and be safe.”

Other popular translations include:

Proverbs 18 10 NIV

“The name of the Lord is a fortified tower; the righteous run to it and are safe.”

Proverbs 18 10 NLT

“The name of the Lord is a strong fortress; the godly run to him and are safe.”

Proverbs 18 10 ESV

“The name of the Lord is a strong tower; the righteous man runs into it and is safe.”

Proverbs 18 10 NKJV

“The name of the Lord is a strong tower; The righteous run to it and are safe.”

## What Is The Name Of The Lord in Proverbs 18 10?

Isaiah 42:8 says that “I am the Lord: that is my name: and my glory will I not give to another, neither my praise to graven images.” So according to this verse, the Lord, the one who has the name Lord does not allow his praise to be given to graven images. Who has commanded that we should not worship graven images? let us look at Exodus 20:1-4 states

“And God spake all these words, saying,

I am the Lord thy God, which have brought thee out of the land of Egypt, out of the house of bondage.

Thou shalt have no other gods before me.

Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.

So the name of the Lord is referring to God. God’s name is Holy. To teach about God’s name we can use various methods. [Ministry To Children](#) has an entire lesson on God’s Holy Name. If you want to explore the different names of God with your kids you can also use [this book](#).

## What Does It Mean That The Name Of The Lord Is A Strong Tower?

When I think about the word strong tower as spoken of in Proverbs 18 10, I think of a lighthouse. The waves come in and the lighthouse stands as a guiding light to those in need and serves as a place of refuge.

The phrase “a strong tower” signifies a place of protection and security. In ancient times, a tower was a fortification that provided a “lookout” point and a safe haven from enemies. Similarly, the name of the Lord is seen as a source of strength and safety for those who believe in Him. The second part of the proverb emphasizes the importance of righteousness. It suggests that those who live a righteous and bible-based principled life can find security and solace by seeking refuge in God’s name.

By aligning oneself with God’s righteousness, people can find guidance, protection, and support in their lives. This proverb provides an important reminder for us to seek God’s name in times of trouble and uncertainty. It reinforces the idea that God’s presence can offer strength, comfort, and assurance to those who turn to Him. By running to God and seeking His guidance, people can find a sense of safety and peace despite life’s challenges. Overall, Proverbs 18 10 brings across the timeless message of finding refuge in God’s name and seeking righteousness. It speaks to the power and significance of faith in overcoming the complexities of life and finding peace in God’s presence.

To help teach your children about Proverbs 18 10, we can let them build a tower. [True Way Kids](#) has a great video about making a tower symbolizing the refuge that God is.

You can also do an activity to make towers using various household activities. These towers may not be strong but we can make the illustration and say that earthly “towers” can not be a substitute for God-our strong tower. For how to make these towers visit [Hands on as we grow](#).



Enjoy the [Spencer Family Music](#) as they sing Proverbs 18 10. You and your kids can learn this song and the actions and enjoy.

You may know the hymn “A Mighty Fortress Is Our God,” this song reminds me of Proverbs 18 10 which talks about God being a strong tower.

“A mighty fortress is our God,  
a bulwark never failing;  
our helper he, amid the flood  
of mortal ills prevailing.”

Visit [Danika's website](#) to learn how to make a fortress to remind you of God our strong tower.

## What Does Proverbs Chapter 18 Teach us?

Proverbs 18 and specifically Proverbs 18:10 generally speaks to the power and strength that can be found in placing one's trust in the Lord. The verse states, "The name of the Lord is a strong tower; the righteous run into it and are safe." Many scholars and theologians think this verse is a metaphorical representation of finding refuge and protection in God. Just as a strong tower provides security and safety, all persons who trust in the Lord can find comfort and security in their faith. This verse also highlights the importance of righteousness and living a virtuous life. The righteous are said to run to the Lord for safety, implying that living in accordance with God's teachings and commandments results in a sense of security and well-being. In a broader sense, Proverbs 18:10 can serve as a reminder of the strength and support that is to be found in turning to God in times of trouble or uncertainty. It encourages individuals to rely on their faith as a means of finding strength, guidance, and protection. Ultimately, the understanding of Proverbs 18:10 will vary depending on one's religious beliefs and personal understanding of the scripture. However, it is generally agreed to be a verse that highlights the power and refuge found in trusting in the Lord.

### Proverbs 18:10

Proverbs 18:10 is a powerful promise that reminds us that we can run to God and be safe. I hope as you go through this verse and do the kids activities, you and your family will be blessed. Let us know if you enjoyed this activity in the comments below.

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1. Christian Crafts

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